

# Stafette



Verschiedene Stafettenarten werden hier erläutert.

## Attachment relay

A runs around a painting stick and then picks up B. After each round, another player is hitched. As soon as all players are running, hitching is started; first A may stay behind, then B and so on

## Bottleneck relay

Two simple obstacle courses with a common obstacle (bottleneck). The groups overcome the obstacles with hand grips as fast as possible.

## Jass card relay

Each group runs to a certain point where Jass cards are spread out upside down. Each group has its symbol (e.g. heart/shovel ...). Now 1 card is drawn. If it belongs to the group symbol, it can be taken, if not, the next player is taken. Who has all the cards first?

## Sixth-stage race

At any one time 5 (or more) players form a circle. On whistle, #1 runs around the circle, gives #2 a slap on the back as a starting signal. In this way, each circle player takes a turn until everyone has run six times. The group that completes its program first wins.

## Source credits

- Cover image: © Gabi Eder / [pixelio.de](https://pixelio.de)
- Game idea: Courtesy of [www.spielboerse.ch](https://www.spielboerse.ch) - Game Ideas for the Jungschar!