

# Herz-Kissen



## **material**

- Cardboard heart stencil
- Fur fabric
- tear-resistant sewing thread in the color of the fabric
- Sewing needle
- Scissors (preferably a pair of cloth scissors)
- Felt-tip pen (or pen to mark fabric)
- Pins
- Cotton wool

## **preparation**

- Make a heart-shaped template out of cardboard
- For younger children, transfer the template onto the fabric and cut it out twice

## **manual**

- Place the heart template on the wrong side of the fabric and trace it with a pen (2x)
- Cut out hearts
- Place the hearts right side to right side exactly on top of each other and pin them in place
- Sew the heart together with the finest possible overcasting stitches (leave about four fingers open at the end)

- Turn the heart inside out
- Fill the heart with cotton wool
- Close the opening with a mattress stitch / ladder stitch and reinforce it well

## photos







## **Tips**

- For younger children, use a felt pen to mark where they should place the stitches on the heart (so that the stitches are all about the same length)

## **swell**

- Photos: Jungschar Henggart