SUBMITTED BY
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ON
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★ ★ ★ ★ ★
Keine Stimmen

Hop



The participants form a circle.

Raise your right hand to chest level, with your palm facing up. Raise your left index finger to chest level and point it downward until it touches the right palm of the person next to you.

Once everyone has taken their position, the leader calls out “hop.” Here, the movements must be coordinated so that the left index finger is raised (before the neighbor’s palm catches it) and your own right hand closes around your neighbor’s left index finger.

Level 2

After practicing a few times, the game moves on to the second level, which involves switching roles: the outstretched hand will be the left hand, and the right index finger will be the one resting in the neighbor’s palm. The task remains the same: when you hear “hop,” move your own finger out of the way and try to catch your neighbor’s finger.

Level 3

The third level is a bit more difficult, so your hands will cross over.

Recommendations

At all three levels, the speed at which commands are carried out will gradually increase.

The game is extremely fun, regardless of the participants’ age.

Image source

http://www.123rf.com/stock-photo/human_palm.html

Materials

None required.

Weitere Informationen

Categories
Games and activities

Tags
Coordination
Reaction
Synchronization
Circle Game
Concentration

Age
8–12 years
13–16 years
from the age of 16

Number of participants
1–20
20–30
30 – 100

Bible
This information is missing.

Terrain / surroundings
In enclosed spaces

Material
None

File download
No file downloads

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