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Cooking with children for parents



To get to know the children's parents better, they can be invited to a meal. The meal is prepared with the children and the parents can only come at the arranged time, sit down and enjoy the cooked meal.

Important!

- Inform the parents in good time about the date (already in the half/quarter program) and send out invitations at least one month in advance or bring them personally/invite them!
- Mandatory registration: In order to cook the right amount, it must be known how many people will be at the meal. Therefore, fix a registration deadline (about a week before the meal)!
- Prepare a meal that many children can help with and which is easy to prepare/cook!
- Enough kitchen material (knives, "cutting boards and scissors", etc.) at hand and always continue to wash up!
- Always explain everything to the children exactly and note that they are often not as fast as adults!

Process (may vary)

- 1. Children are divided into groups for example: appetizer, main course, dessert possibly also: main course, side dishes, decorating action/tables/service.... etc.
- 2. Leaders of each group explain to the children what needs to be done and prepare and carry out the tasks with the children.
- 3. Breaks are important already at the beginning inform the children about the break time and then keep it all children will be happy!
- 4. Also give the children the opportunity to change groups.
- 5. Time management well planned is half won! Making sure that every child is always busy and that everything is ready when parents arrive!
- 6. There needs to be a "welcoming committee" for parents so that they are aware of the leaders and feel comfortable right at the beginning!
- 7. Once parents, children and leaders everyone are seated, the main leader (or)/person in charge should introduce the whole leadership team so that parents know who they are entrusting their children to!
- 8. Thank the parents that they trust the leadership team! (Here, for example, a small gift can additionally be distributed to the parents.)
- 9. The individual leaders should "mingle" well with the parents, because the goal is that parents and leaders get to know each other better.
- 10. Start the meal with a prayer or song this can also be prepared with the children.



- 11. Serve food or barrel street(s) with service/self-service.
- 12. During the meal, various "show blocks" can also enhance the occasion. These can be prepared with the children in advance (songs, theatre, games, ... etc.) or/and the leadership team can use this to announce information, show pictures/photos, give parents the opportunity to express themselves (for example: discuss a specific topic, general feedback round, questions/answers about the upcoming camp, ... etc.) and much more ...
- 13. Close the meal thank parents for accepting the invitation and coming to the meal say goodbye to the parents and children.
- 14. Clean up, wash up and clean up feedback/evaluation in the leadership team!
- 15. Confess parents in writing a few days later for example, with a thank you card and/or photos taken at the meal ... etc.

Possible meals to prepare

- Various salads, meat/brisket from the grill or pan
- Soups with sausages and homemade bread
- Pizza make your own dough and let kids top it
- Spagetthi with a variety of homemade sauces
- Dips with vegetable sticks, various sandwiches, hamburgers and hot dogs
- For dessert: homemade cookies, muffins, cakes decorated by the children, gingerbread(häuser), chocolate fondue, chocolate bananas, fruit salad, ice cream, ... etc.

More tips:

- http://www.ferienlagerideen.de/index.php?option=com_content&view=article&id=124&Itemid=214
- http://www.grik.de/k520-Kochen-Backen.html

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