

Workbench



The work table is a **storage unit** that allows you to work while standing, for example, in the kitchen.

Material

- Slats/posts, at least 10 pieces
- Plywood panels (e.g., 3) or boards
- Screws

Tools

- Sledgehammer
- Hatchet/axe
- Spirit level
- Cordless screwdriver with bits, possibly drill bits

Structure

1. **Preparation:** Lay out the slabs on the ground in their desired final positions to determine the exact spacing between the posts.
2. **Set the posts:** Sharpen the ends of four sturdy posts (approx. 1.3–1.5 m long). Drive them firmly into the ground to the left and right of the panels, set back approx. 50 cm from the outer edges.
3. **Install the top crossbars:** Align two horizontal slats at a height of 85–95 cm (adjusted to suit the users) using a level, and screw them to the posts. (Observe the minimum width specified for the panels!)

4. **Install the lower crossbars:** Attach two additional horizontal slats at a lower level (approx. 30 cm above the floor) to serve as a support for the material storage area.
5. **Secure the work surfaces:** Place the panels on the upper and lower slats and screw them down flush.
6. **Bracing:** Install diagonal braces between the posts to prevent the structure from wobbling.
7. **Finishing touches:** Trim any protruding slat ends to minimize the risk of injury and ensure freedom of movement.

Examples



Photo Credit

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