## YoungstarsWiki.org

## **Nerve Journey**



The Nerve Journey is a joyful game to test our nervous strain in a humorous way.

## **Game: Nerve Journey**

In teen club and camps/weekends, sometimes we need few nerves and sometimes we need many nerves. The Nerve Journey is a joyful game to check our nerve load in a humorous way.

Played in groups of 2-4 players, in a big house, a camp house or outdoors, takes about  $1 - 1 \frac{1}{2}$  hrs. There are different posts and it is really entertaining.

Nerve Journey Instructions for the Nerve Journey



## Source reference:

Author and images: Roland Baumann, Teenager-Aktuell 1/92

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