# YoungstarsWiki.org

# 5-Liber ride by bike



An eventful bike ride to emulate!

### The eventful bike ride

The ride can be very well done in a family, teen or youth camp. However, it is also very suitable for a teen club outing. There is very little effort involved. You start in small groups. Tasks and time intervals can be modified as you see fit

#### **Equipment:**

Rain gear, pharmacy, emergency information, lunch, paper, writing materials, patch kit, bike

#### **Documents:**

Map material, 5-Liber (5-franc piece), sealed envelopes, tracts (or information about your teen club, church)

#### Tasks:

Groups are on the move. At each turn/intersection with a continuous paved road, the 5-Liber is thrown up.

#### Fork:

Head = right number = turn left and continue in the direction thrown

#### Intersection:

Head = left number = right or straight ahead.

A second throw follows to find out whether to go straight or right.

Head = straight number = turn

#### Couvert 1

Each group will be given two sealed envelopes before the start. After one hour of driving, envelope #1 may be opened. The envelope will contain a task for the group.

#### This may be as follows:

Where did you end up? Draw the location and the route you drove on the map. You have completed the 5-liber journey for the time being. Your task now is to get to know the country and its people! Make contact with the local population and find out interesting facts about the area. E.g.



What is typical in the Emmental? Customs, traditions, traditional costumes, building styles, eating habits, expressions, etc. Don't forget to hand in an information leaflet about your teen club, the community or a tract on occasion.

#### **Envelope 2**

This envelope may not be opened until 2 hrs after the first envelope. Contents: You did it! As a small thank you for your efforts, you may now drive directly back and buy a small snack on the way for Fr. 5

When everyone is back, the different experiences are told to each other. They can also be presented in a play.

Have fun with the 5-Liber-Fahrt!

5-Liber ride by bike

## Source credits:

Author and pictures: Roland Baumann, Teenager-Aktuell 2/90

copyright: BESJ Switzerland www.besj.ch