

SUBMITTED BY
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ON
2014.10.11

★ ★ ★ ★ ★
Keine Stimmen

Pastern Knot



The tether knot is suitable for tying people up. It is further developed from the pole knot.

Instructions

Start as you did with the pole throw (up to step 3, before you superimpose the two loops).

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Then you need to pull the two middle ropes hanging down each through the opposite loop. And you're done!

Images













Sources

- **Cover image:** Ramun Badertscher, www.ramunbadertscher.ch
- **Image:** Ramun Badertscher, www.ramunbadertscher.ch

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