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★ ★ ★ ★ ★
Keine Stimmen

Node



Knots are used wherever you work with rope and string. This article provides an overview and is intended to encourage you to learn the most important knots by heart. Although there are hundreds of knots, you only need to master about 10 to have a suitable knot on hand in 90% of cases.

Knots

- Clove hitch
- Figure-eight knot
- Spire Stitch / Fisherman's Knot
- Tension knot
- Mason's knot
- Prusik
- Palstek
- Sheet knot
- Stopper knot
- First-aid knot
- Circle knot
- Breadstick
- Fist-hitch
- Parallel Knot

How do you learn?

The easiest way to learn knots is through practice and repetition. The more often you tie a knot, the better you'll remember it. If you practice it regularly (over several days or even weeks), the knot will stick in your memory even better.

Another way to reinforce your knowledge is to practice the knot under challenging conditions. For example, with your eyes closed, using only one hand, hopping on one leg, or behind your back.

One way to encourage knot practice is, for example, by handing out rope strands (rope with a diameter of about 4 mm). At a camp, for instance, you can distribute rope strands about 1.5 meters long to the participants. This allows everyone to practice knots whenever they want. The rope can (or will) then usually also be used as an accessory...

More Knots

A collection of many knots for outdoor activities:

http://de.wikibooks.org/wiki/Knotenkunde_-_Knotenfibel_für_Outdoor-Aktivitäten

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Age
from the age of 16

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No data available.

Bible
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Material
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