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★ ★ ★ ★ ★
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Remember names



Memorizing names is sometimes quite difficult. However, if we do it and consciously address our counterpart by name, we show our appreciation for this person: "You are important enough to me that I have remembered your name."

Why it's important to know your kids' names

People love to hear their own names. And by using the name of the person we are talking to, we bring appreciation to them just by doing so. That's why being able to remember kids' names is one of the most important skills we need to attract kids to our group for the long haul. Here are 10 tips to help you learn the names of new children quickly and efficiently

10 Tips to Remember Your Kids' Names Permanently

1. Listen carefully, pay close attention when a child says their name. Make sure you still have it memorized after 5 seconds.
2. Scan the face (unobtrusively!) for features and consciously link them to the name.
3. The first sentence you say after you have heard the name should contain this name: "Nice that you are with us today, Jakob!"
4. Do you know a person with the same name? Imagine this third person and the child together. This way your memory will link the two people and you will quickly come up with the name via this association in the future.
5. End the conversation with a sentence that includes the name: "Hey Maria, nice to meet you."
6. Repeat the name in conversation on appropriate occasions (but don't overdo it!).
7. Is the name unusual? Then ask questions about it. This way you actively engage your brain with the name and automatically memorize it better.
8. Repeat the name silently to yourself after the conversation, after the event and again the next day.
9. Write the person's name on your forehead - but only in your mind! Imagine that you are writing the person's name on your forehead. Concentrate on each letter.
10. Use a combination of these tips and not just one alone.

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