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admin

ON
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★ ★ ★ ★ ★
Keine Stimmen

# Notfallverhalten




Wenn Sekunden über Leben, Tod oder bleibende Schäden eines Verunfallten entscheiden, gilt es richtig zu handeln und schnell die lebensrettenden Sofortmassnahmen zu treffen. Nothilfe und Erste Hilfe zu leisten ist eine selbstverständliche Pflicht gegenüber allen Mitmenschen.

## Behavioral steps in case of emergency

* Look: Overview of the situation; What has happened; Who is involved; Who is affected?
* Think: rule out danger to helpers; rule out danger to other people; rule out danger to patients;
* Act: Self-protection; Secure and signalize the accident site
(breakdown triangle, hazard warning lights); Switch off machines; Provide emergency assistance;

## 6 W-questions

* Where did it happen?
* Who is calling?
* What happened?
* When did it happen?
* How many people are affected?
* What else? Special hazards, trapped persons, smoke development, hanging electrical cables, identification number for hazardous goods transportation, leaked, unknown liquids, danger of falling in and out

## Acting in crisis situations

- Assess the situation/problem
- Provide first aid if necessary
- Brief planning of the necessary measures
- Supervision of the participants
- Giving and checking orders
- Strengthen the leaders concerned (later clarification of guilt)
- Inform club and association management:
- Who and how many are affected?
- What, where, when did it happen?
- What measures were taken?

- Addresses of those involved
- Do not actively inform the media yourself

## Important emergency numbers (Switzerland)

The emergency number 144 can be dialed free of charge in telephone booths or from public telephones. It can also be dialed free of charge directly from cell phones without an area code.

- **144** Ambulance
- **117** Police
- **118** Fire brigade
- **145** Tox center for poisoning
- **1414** Rega

## Important emergency numbers (abroad)

There are also emergency numbers abroad. The most important ones are briefly listed here:

- **112** European emergency number
- **911** American emergency number

### Weitere Informationen

*Categories*
Technologie und Aktivitäten im Freien

*Tags*
Erste Hilfe
Nothilfe
Sofortmassnahmen
Verantwortung
Sicherheit

*Alter*
ab dem 16. Lebensjahr

*Anzahl Teilnehmer*
Keine Daten verfügbar.

*Bibel*
Thema:

*Dauer*
Keine Daten verfügbar.

*Gelände / Umgebung*
Wiese
Wald
Stadt
Gewässer

*Material*
Keine

*Dateidownload*
Keine Dateidownloads

*KI Generierter Inhalt*
Contents
Categories
Tags
Material

*Mitwirkende*
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